

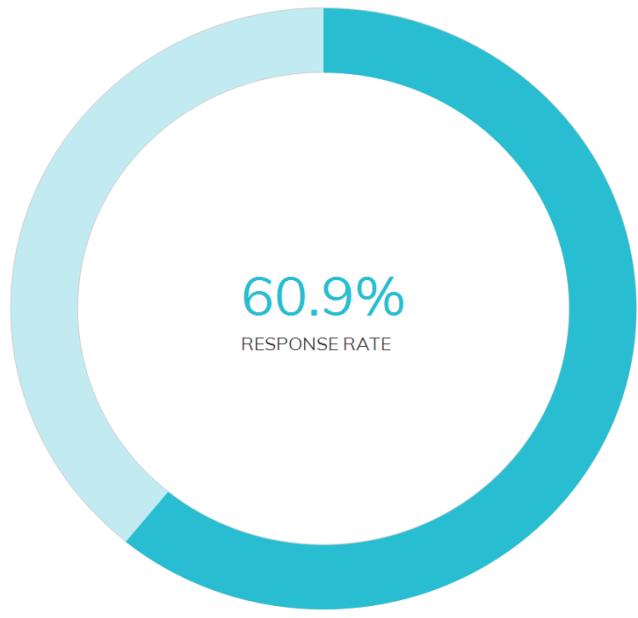
SURVEY REPORT

Well-being at work survey 2023

Luonnonieteellinen tiedekunta



LUONNONTIEELLINEN TIEDEKUNTA



Työhyvinvoittikysely 2023



RESPONDENTS
170 / 279

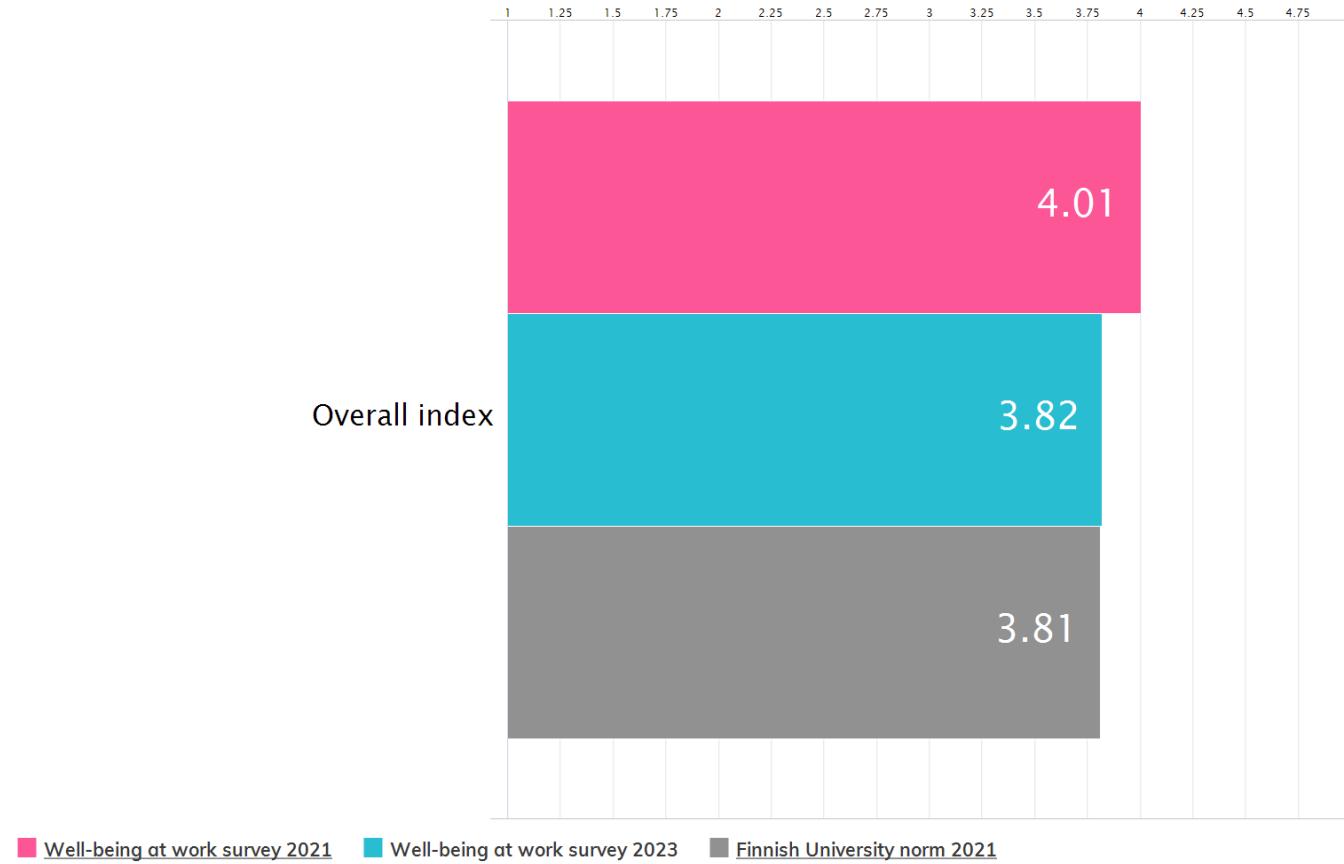


DATA COLLECTION
08/03/2023 - 15/10/2023

* = Statistically significant difference (95%),
** = Highly significant difference (99%)
Scale 1 – 5 , 5 = best

Overall index

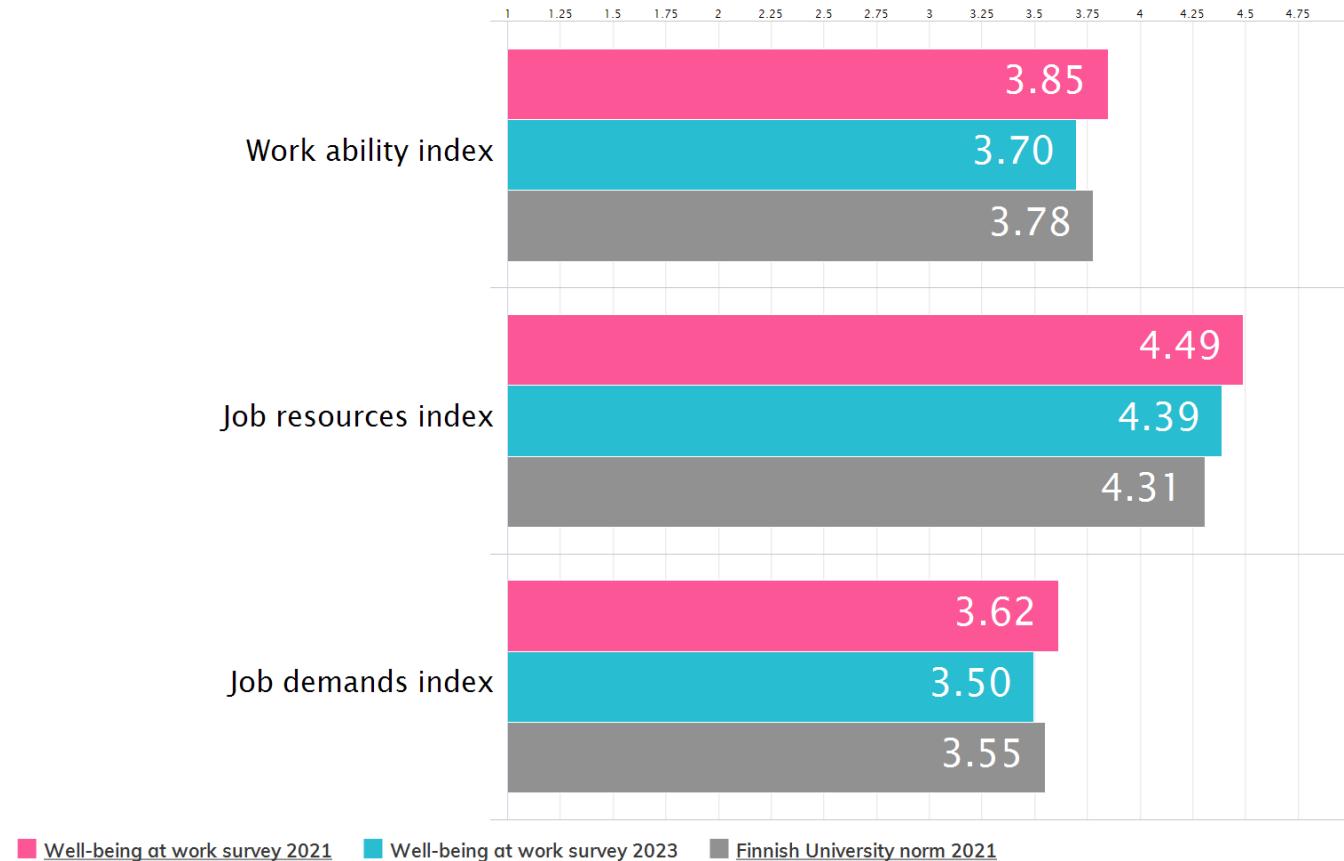
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Work ability, work resources and demands

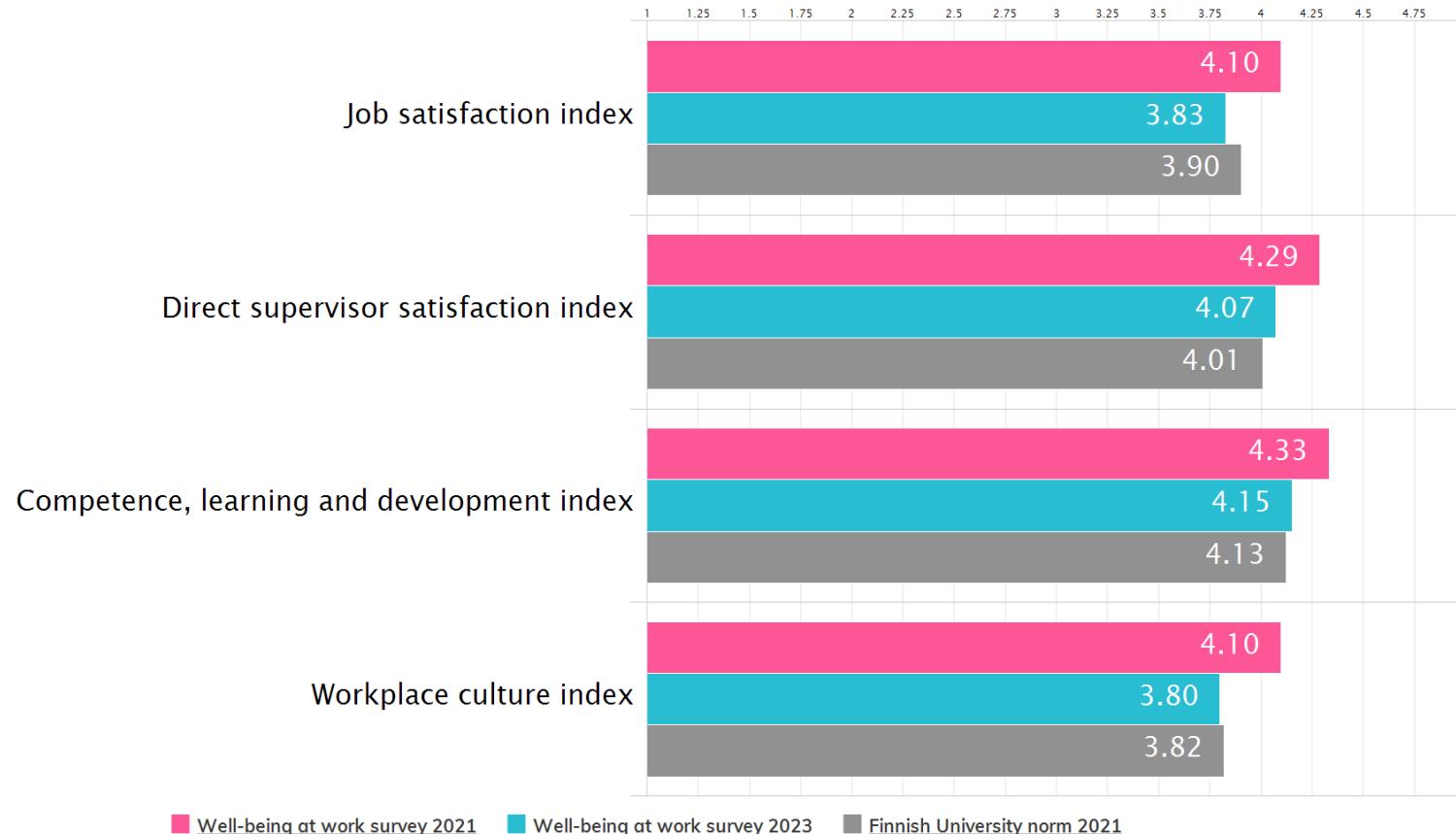
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Additional indices

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Top / Bottom

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 + favourable; - unfavourable difference:
 0 = Työhyvinvointikysely 2021

Top Changes

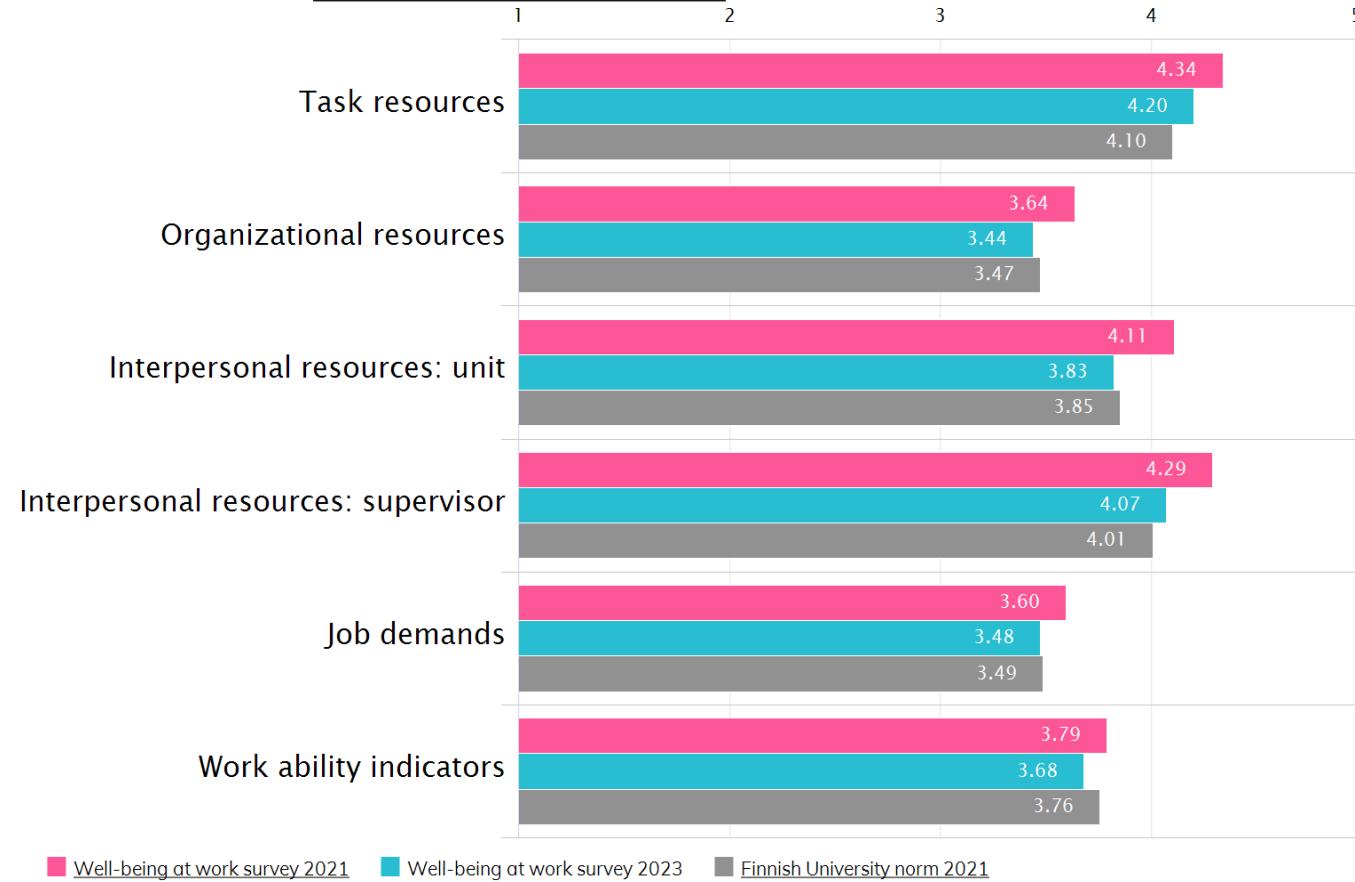
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Summary results by themes

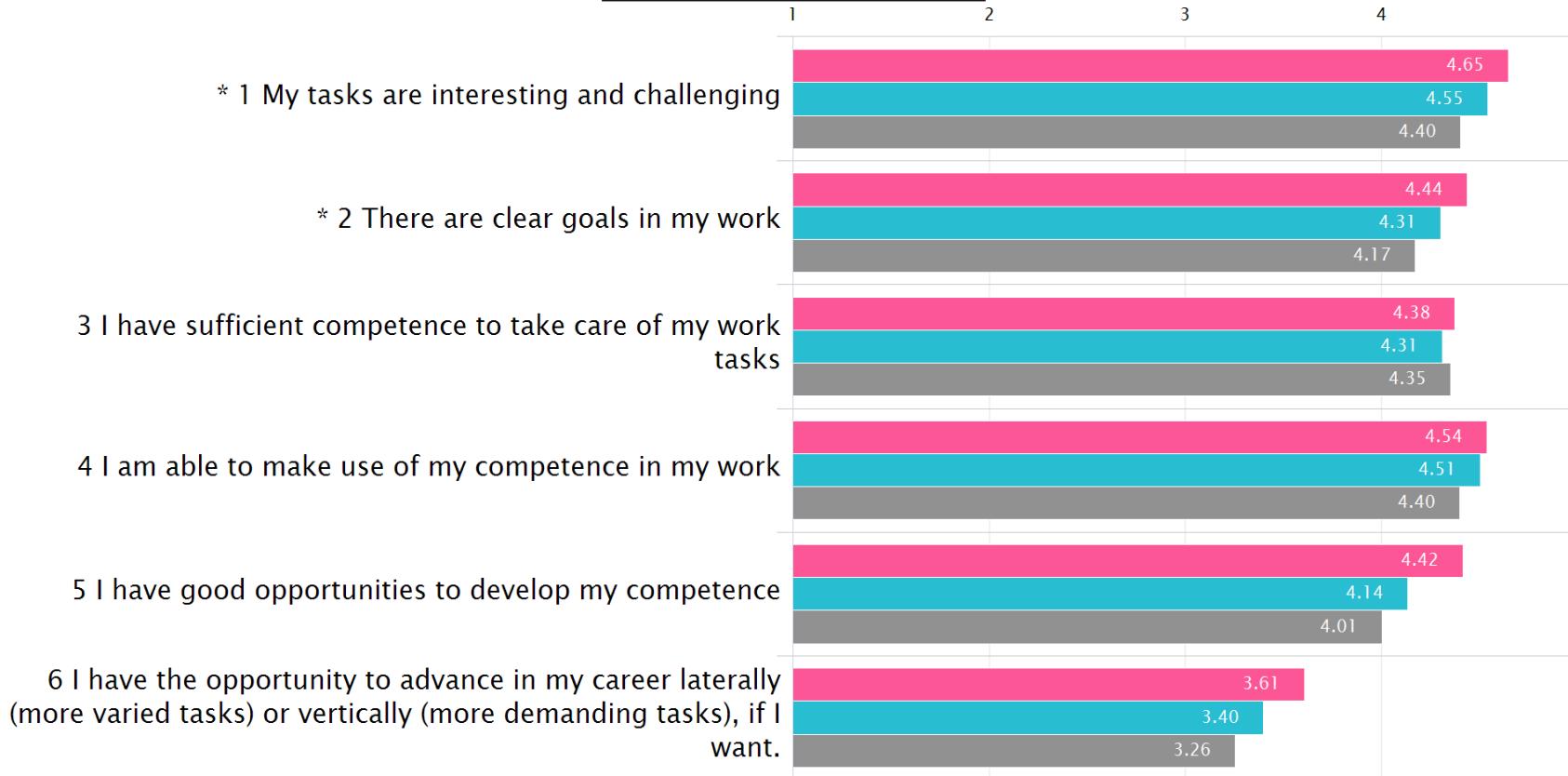
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Task resources

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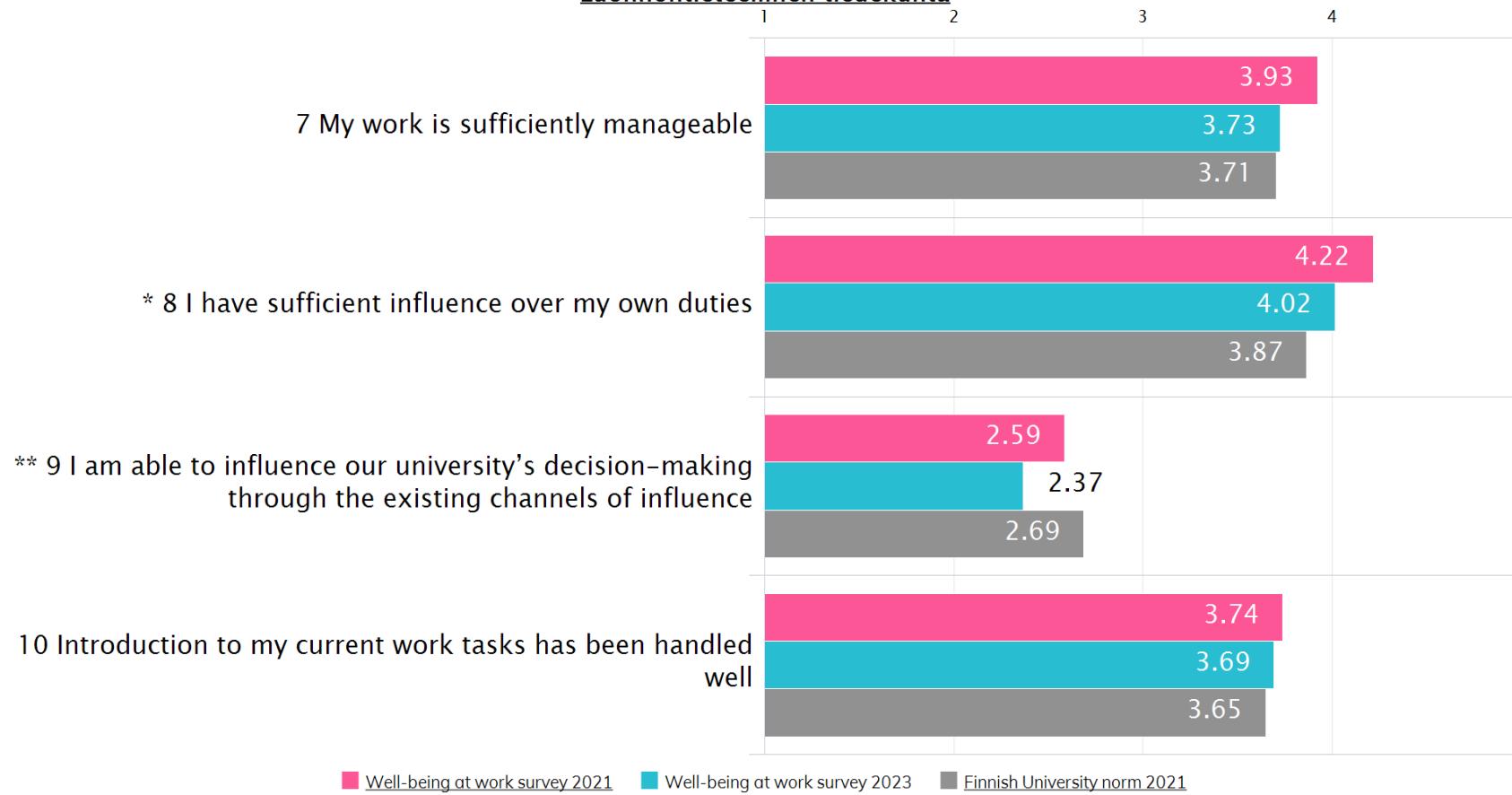
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Finnish University norm 2021

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Organizational resources

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Interpersonal resources: unit

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Well-being at work survey 2021

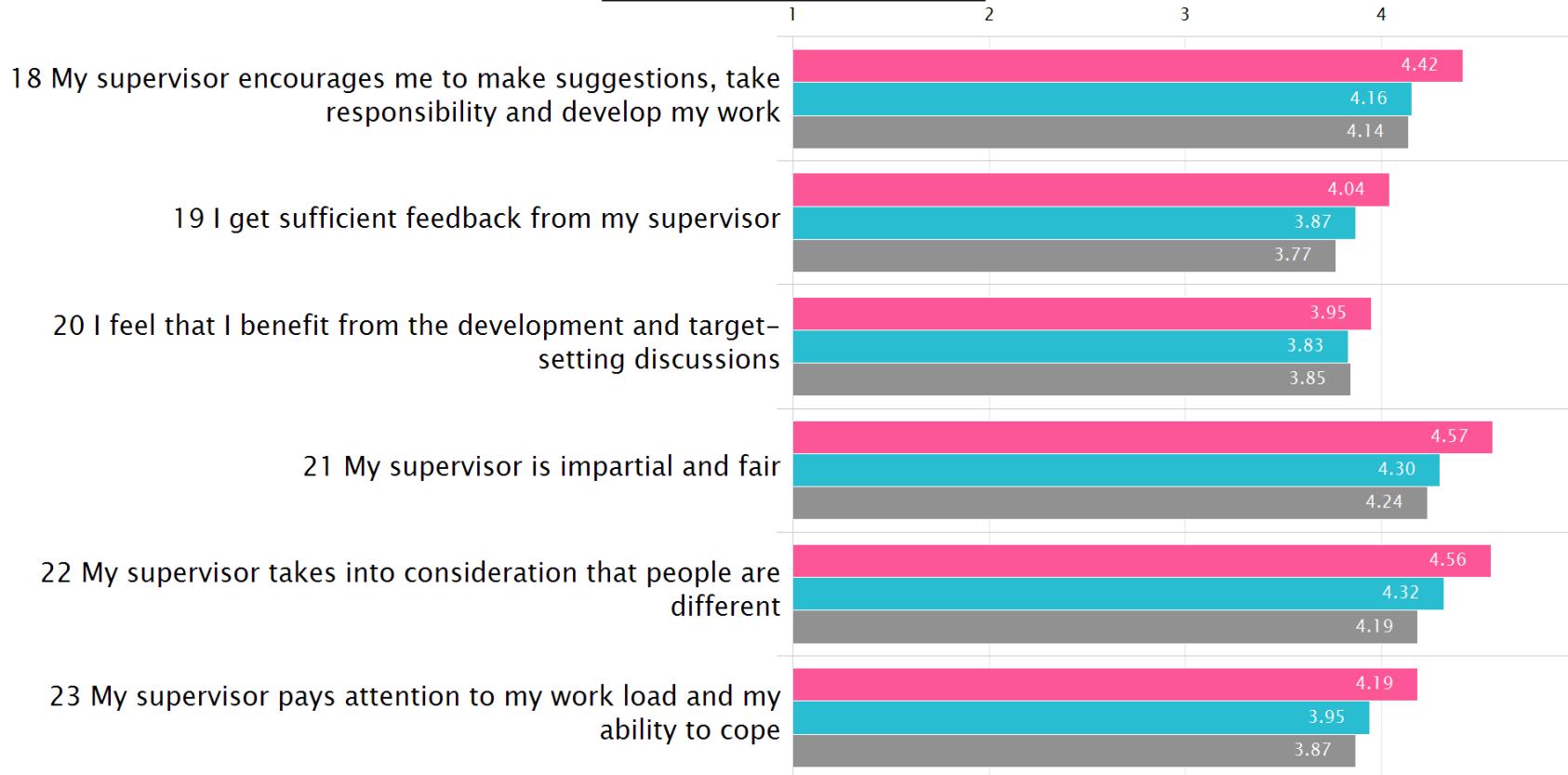
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Finnish University norm 2021

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Interpersonal resources: supervisor

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Well-being at work survey 2021

Well-being at work survey 2023

Finnish University norm 2021

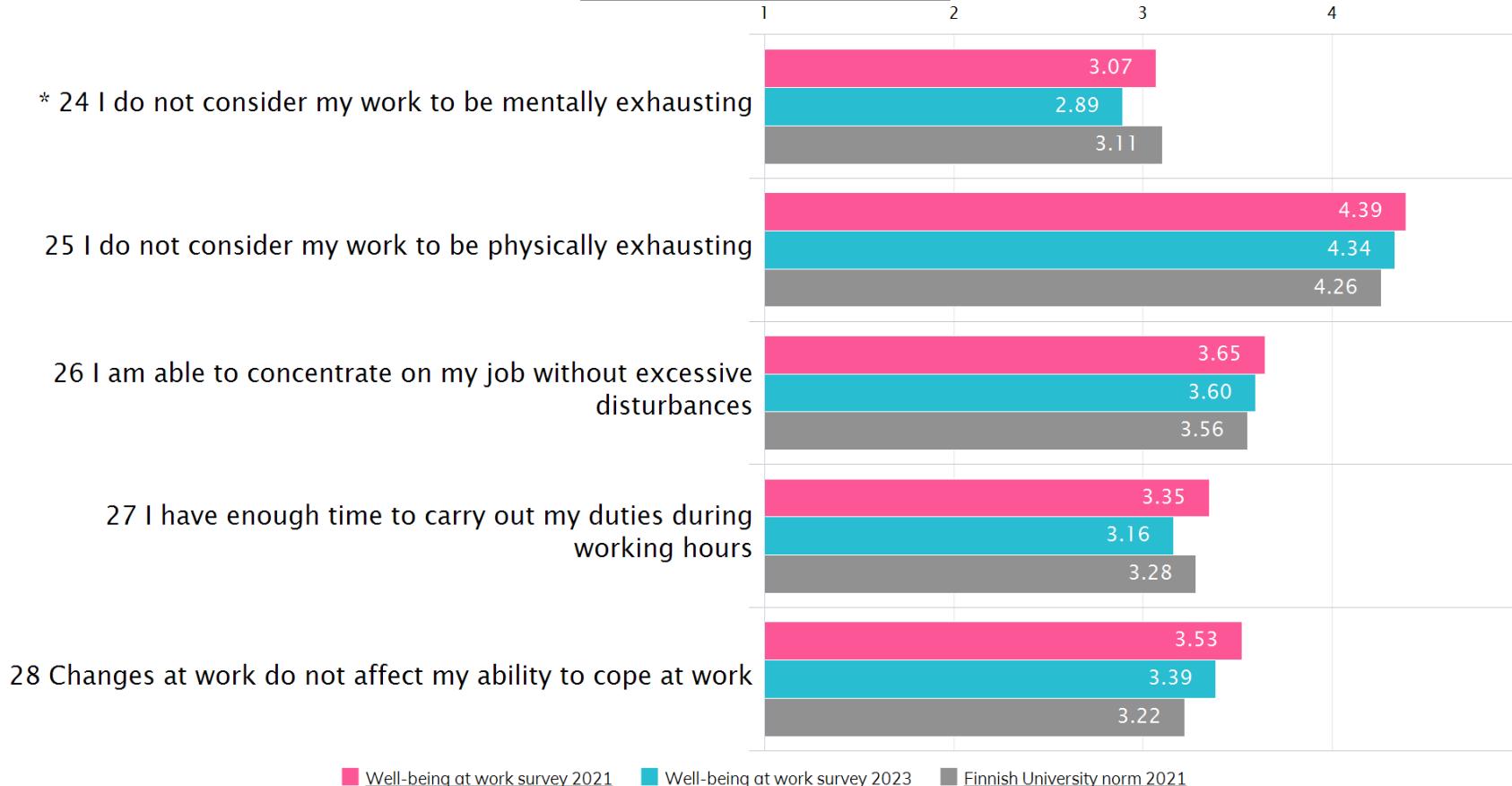
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Job demands

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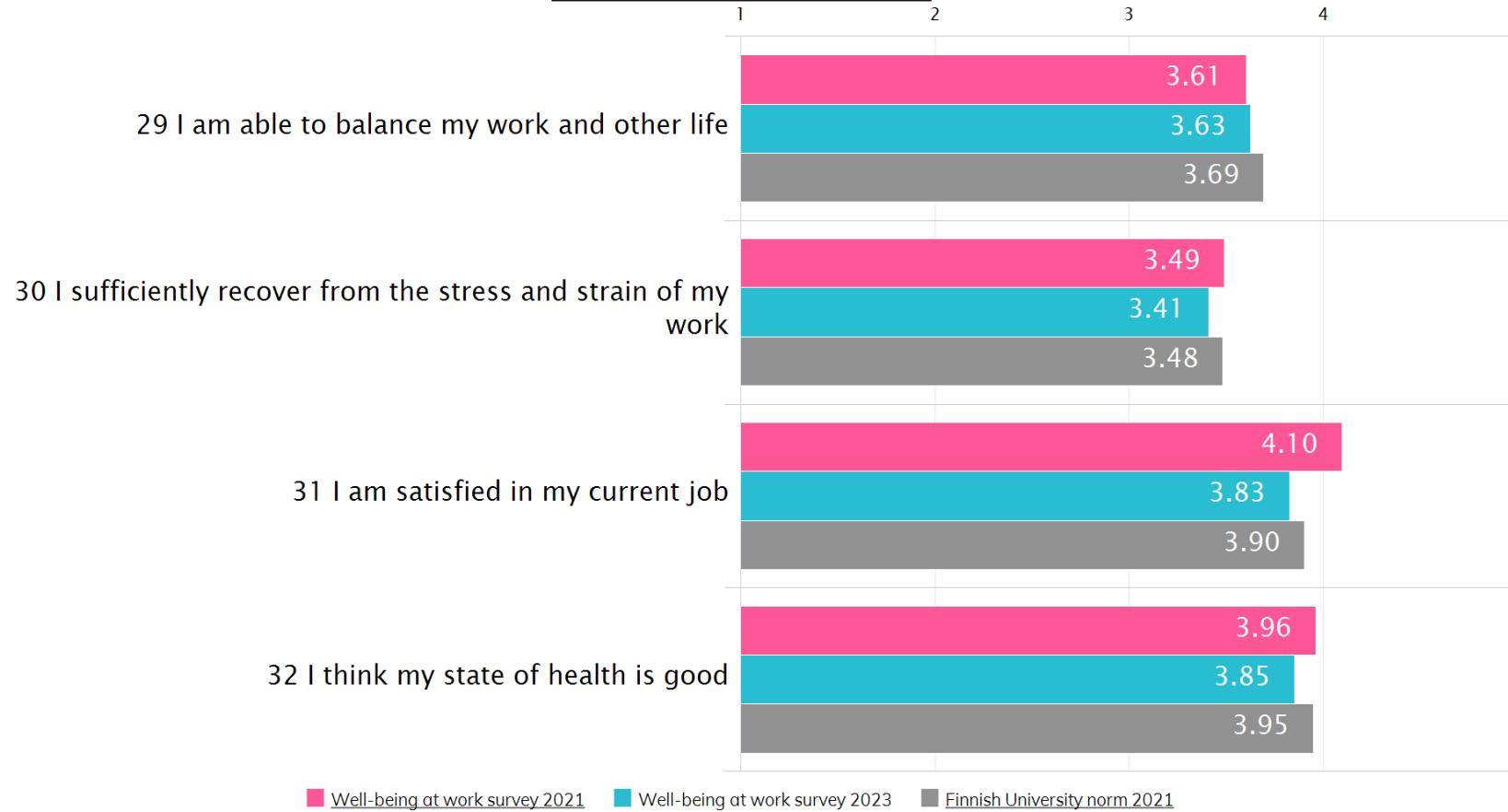
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Finnish University norm 2021

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Work ability indicators

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Well-being at work survey 2023

Finnish University norm 2021

Stress

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1 2 3 4 5



33 Do you feel stress these days? 1=not at all, 2=only a little, 3=to some extent, 4=rather much, and 5=very much

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Mental well-being

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1 2 3 4 5

34 Our unit speaks openly about matters related to mental well-being

3.26



35 I know where to get support for my mental well-being if I need it

3.74



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Scale 0 – 10 , 10 = best

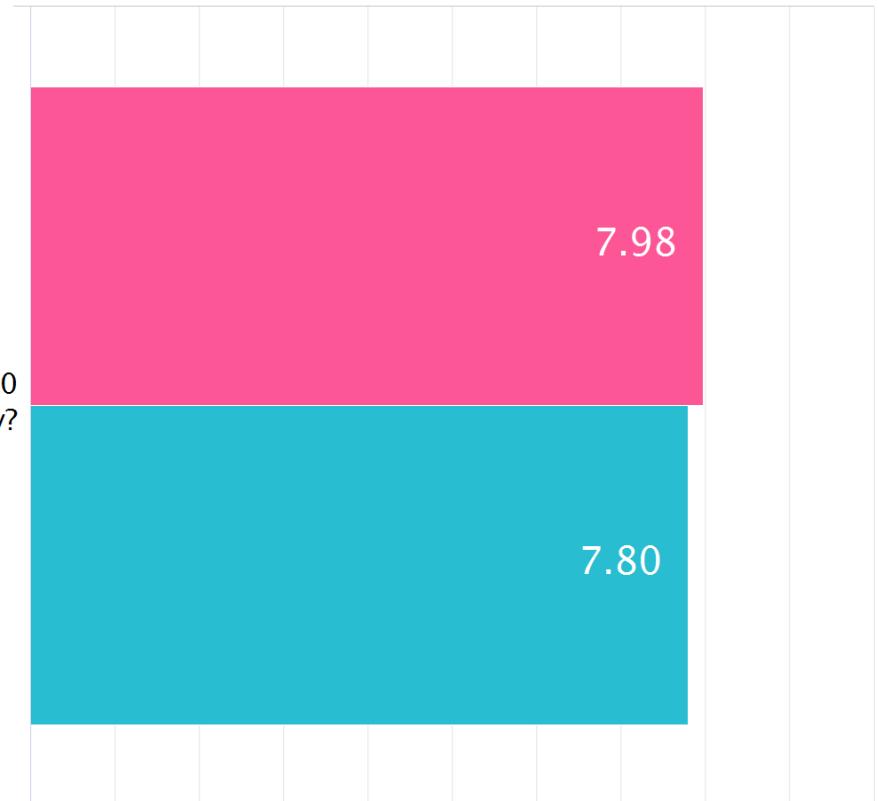
Work ability

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0 1 2 3 4 5 6 7 8 9 10

Let's assume that the best score for your work ability is 10 points. How would you rate your current work ability?

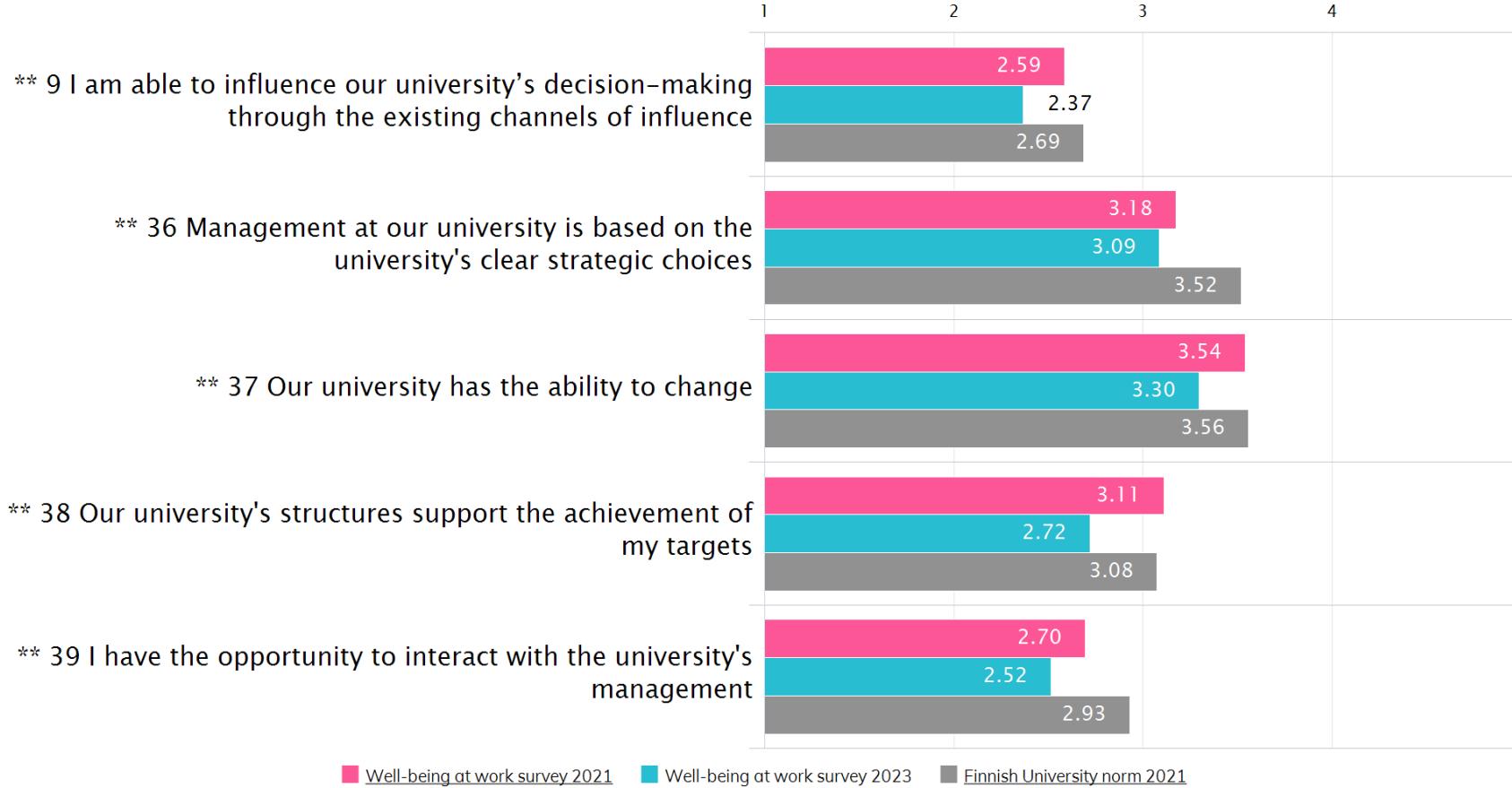
■ Well-being at work survey 2021 □ Well-being at work survey 2023



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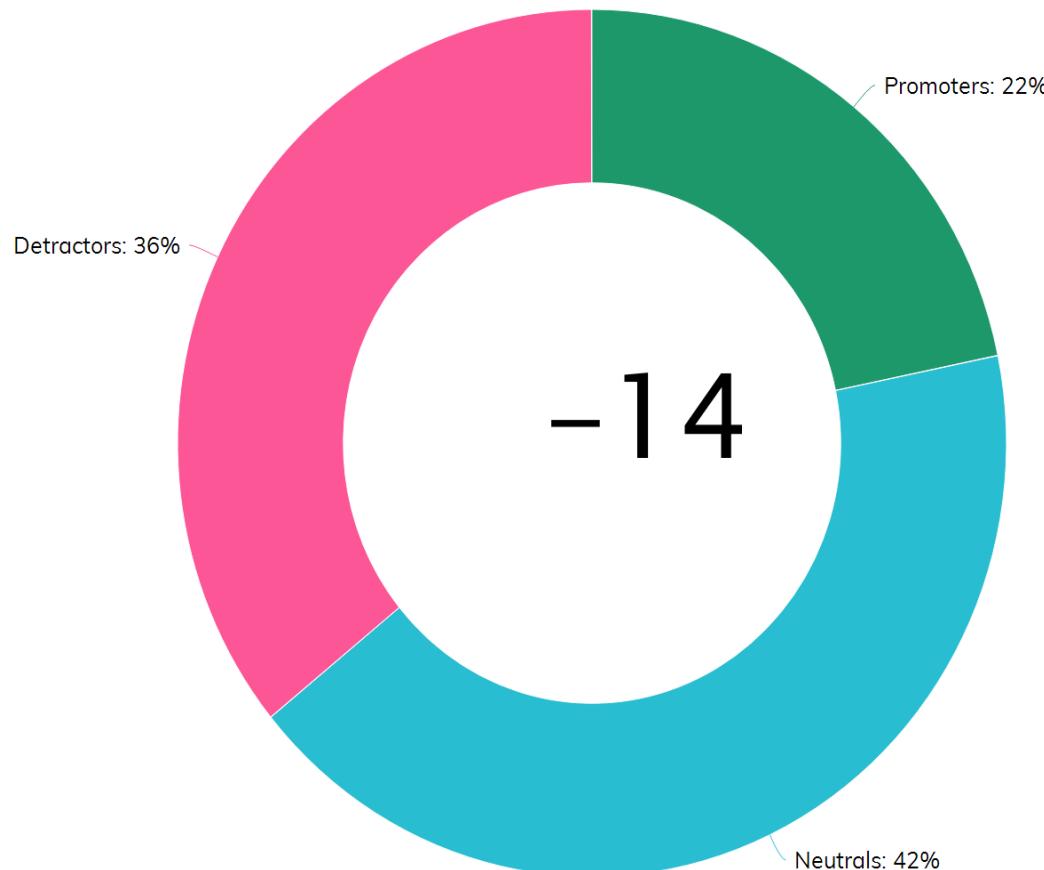
Strategic leadership, university level

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What is the likelihood that you would recommend your university as ...

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What is the likelihood that you would recommend your university as ...

