

# **FibroHealth symposium 2024**

## **Bridge over Obesity – From Science to Practice**

We invite you to this joint symposium organized by the University of Oulu Fibrobesity research programme, the Finnish Association for the Study of Obesity (FASO), and the Finnish Pharmacological Society (FPS)!

Welcome to exploring cutting-edge research and therapeutic advancements in obesity treatment with esteemed speakers, interactive poster sessions, and insightful discussions.

**Time: 26 November 2024, full day event**

**Location: Leena Palotie Hall, Aapistie 5A, University of Oulu.**

**Remote connection is available for registered participants.**

**Registration: Free of charge, deadline November 17**

### **Programme**

08:30-09:00 Registration and coffee

09:00-09:10 Welcoming words by organizers

#### **Current therapeutic options for obesity**

09:10-09:40 “Current clinical treatment of obesity” by Keynote speaker Prof **Kirsi Pietiläinen** (University of Helsinki)

09:40-10:00 “Pharmacology of anti-obesity drugs” by Prof **Eriika Savontaus** (University of Turku)

10:00-10:30 Coffee & posters

10:30-10:50 “Quality of diet in weight management - is there room for gut mediated health impact?” by Prof **Marjukka Kolehmainen** (University of Eastern Finland)

10:50-11:10 “Should anti-obesity pharmacotherapies be publicly funded?” by Doc **Outi Salminen** (COHERE, Ministry of Social Affairs and Health)

11:10-11:30 Patient story by **Ulla Brandt**

11:30-11:45 FASO doctoral thesis award presentation 2023

11:45-12:00 FPS doctoral thesis award presentation 2023

12:00-13:15 Lunch (at own cost) & Annual autumn meetings of FASO and FPS (meeting rooms 487B and F302 or remote participation; for members, lunch provided)

#### **The development of new therapeutics**

13:15-13:35 “The effects of psychedelics in binge eating-like behavior in mice” by Doc **Teemu Aitta-aho** (University of Helsinki)

13:35-13:55 “Beneficial effects of lingonberry supplementation on low-grade inflammation in obesity” by MSc **Riitta Ryyti** (University of Tampere)

13:55-14:10 Abstract-based short talk #1

14:10-14:45 Coffee & posters

14:45-15:05 "Targeting human brown adipose tissue" by Assoc Prof **Kirsi Virtanen** (University of Turku)

15:05-15:25 "Targeting mitochondrial dysfunction in white adipose tissue" by Assoc Prof **Eija Pirinen** (University of Oulu)

15:25-15:45 "Environmental chemicals and their metabolic effects" by Prof **Jaana Rysä** (University of Eastern Finland)

15:45-16:00 Abstract-based short talk #2

16:00-16:15 Abstract-based short talk #3

16:15-16:20 Conclusions (organizers)

**19:00- Conference dinner (Theatre Restaurant Aulis, Kaarlenväylä 2 90100 Oulu) and the young investigator prize based on abstract presentations.** Registration required, no fee.

## Oral and poster presentations

Short talks and poster presentations will be selected from abstracts, allowing researchers to present their exciting research. The best oral and poster presentation will be awarded the Young Investigator Prize. You can shape the final program by submitting an abstract now!

## Abstract submission guidelines

**The deadline for abstract submission is 31.10.** The abstract should be written in English, on one A4 page, single line-spacing, Arial font size 11. Please submit your abstract as one-page pdf file. The presentations and discussions will be held in English.

**Title of the abstract (Boldface; please avoid capital letter style)**

(empty line)

Authors (presenting author underlined)

(empty line)

The Departments/Institutes of the authors

(empty line)

Abstract body text - with or without subtitles

[Abstract submission](#)

## Register Now – Secure Your Spot!

The deadline for registration to the symposium and dinner is 17.11.

[Registration](#)

## Event website

Follow the updates at: [www.oulu.fi/en/events/fibrohealth-symposium-2024](http://www.oulu.fi/en/events/fibrohealth-symposium-2024)

**Organizing committee:**

Chair: Eija Pirinen, University of Oulu  
Eriika Savontaus, University of Turku  
Johanna Magga, University of Oulu  
Essi Erkkilä, University of Oulu  
Ritva Saastamoinen, University of Oulu

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